

# A brief introduction to sailing with the Lake Jindabyne Sailing Club.

Sailing is done on two days each week. **Racing on Wednesday starts at 5.55pm and racing on Sunday starts at 2.55pm.**

You need to allow yourself plenty of time to rig-up plus get to the start line. The start line will vary depending upon the wind conditions. Note though on Sunday, the start line is usually a LOT further away from the shore than on Wednesday so you will need to allow yourself extra time to get there.

You must **sign-on** before you leave shore and **sign-off** within 30 minutes of returning to shore. The sign-on sheet will be placed near the front door of the club house about one hour before sailing commences. If it is raining the sign-on sheet will be just inside the clubhouse.

We have **fixed buoys** – orange balls - on the lake to mark the courses. As you can see on the map below, the fixed orange buoys are called Quarry, Club, Bay, Peninsular, Mountain and East. (The Cardinal mark noted on the map below is rarely used now. It is NOT an orange buoy; it is the northernmost RMS Cardinal Marker located to the east of Cub Island.)



On Wednesday we sail the **Twilight Series** and the course **uses the same buoys each week.** The course is usually 3 "triangles" and 2 "sausages" (windward return). The start line is usually set at the Club buoy. (Once a race is started, the Club buoy IS NOT a mark on the course.)

The **monohulls (Division 1)** course will use the buoys Bay, Peninsular Quarry - or vice versa depending on the wind direction – for the triangle and Bay, Quarry – or vice versa – for the windward return.

The **multihulls (Division 2)** will use the Mountain buoy instead of Peninsular for their triangle and the same buoys as the monohulls for the windward return.

There are **two starts**, the multihulls go first and the monohulls go 5 minutes later. The start sequence is 5-4-1-0 for both divisions. (5 minute warning, 4 minute Preparatory Flag up, 1 minute Preparatory Flag down and go on 0.)

The course to be sailed will be indicated on a sign positioned on the starboard side of the Start Boat. The sign will have three items of information on it. Line 1 - TRI for a triangular course or WR for a windward return course. (NOTE a TRI course includes a windward return to the windward mark on each lap.) Line 2 - The number of laps to be sailed. Line 3 - The windward (first) mark. The one letter will be the first letter of the name of the fixed mark as detailed above. The only exception will be the letter "O" indicating the first mark is an orange buoy that has been laid by the RIB crew.

Usually we do not have enough time to complete a full course on the Wednesday. The Officer Of The Day will announce a shortening of the course using the relevant flags and hooter.

We have a **bar-b-q dinner** on Wednesday and, for catering purposes, you need to indicate on the sign-on sheet whether you intend staying on. Current cost is \$10 per head for food and beers are \$3 each. The results of the evenings racing will be announced with each division winner scoring a bottle of wine.

On Sunday we sail the **Pointscore Series** and we spread our wings (sails!!!) a bit further and tend to set a course out in the main part of the lake. (Hence the need to allow extra time on Sunday to get to the start line!) We usually use the Peninsular, Cardinal, East, Mountain and an Orange mark. Once again there will be two starts with the multihulls heading off first and the monohulls 5 minutes later. On Sunday all yachts sail the same course.

The club publishes the **Club Program** on the web site and you should download a copy. The **Sailing Instructions** are there too and you **MUST** have a copy of them.

The club always has a rescue RIB on the water, along with the Committee Boat, and members are **rostered for duty** on the RIB. The Club Program lists the members rostered for each sailing session. Performing your RIB duty will earn you 3 (monohulls) or 4 (multihull) points rather than a DNC score.

Finally, we do have a **Presentation Dinner** at the end of the year and trophies are awarded to the winners in the Twilight Series, the Pointscore Series and the Club Championship. We use the Low-Score scoring method in the Twilight and Pointscore series. Note though, the Twilight Series is scored on a **Handicap** basis whilst the Pointscore Series is scored on a **Yardstick** basis

What is the difference?

In Pointscore Racing, a yacht's finishing time is determined by multiplying the yacht's elapsed time by its Australian Sailing Yardstick value. The Yardstick for a yacht remains the same for the entire series.

In Handicap Racing, a yacht's finishing time is determined by multiplying the yacht's elapsed time by its Club determined Handicap Rating. This Handicap Rating starts with the yacht's Yardstick at its first Club race and then after each race that initial value is adjusted, according to the yacht's finishing position, to determine the yacht's new Handicap rating. Thus your Handicap will change every time you race.

The more you win the lower your handicap goes and the harder it is to win races. If you finish 4<sup>th</sup> or lower, your handicap is increased which will make it easier for you to improve your results. And the system works!!!